

Appendix

Table 1. *Specification of Demographic Variables*

Variable	Specification
Race	White, Black, Hispanic, Other (Asian, American Indian, Native Hawaiian)
Marital Status	Married/living with a partner, widowed, single
Education	Less than high school, high school, some college, college
Age	65-69, 70-74, 75-79, 80-84, 85-89, 90+
Income ²⁷	Less than \$25,000, \$25,000-\$9,999, and more than \$100,000
Anxiety	Response categories for the two questions included: not at all, several days, more than half the days, and nearly every day. Scores were summed for each measure (0=not at all; 1=several days; 2=more than half the days; 3=nearly every day). A score of three or greater signified anxiety.
Activities for Daily Living index	the sum of assistance needed for bathing/showering, dressing, going to the toilet, basic mobility inside and outside, and eating
Instrumental Activities for Daily Living index	the sum of assistance needed for shopping for groceries, cooking hot meals, laundry, and managing finances
Multi-morbidity index	Number of chronic conditions and diseases diagnosed by doctor (heart attack, heart disease, high blood pressure, arthritis, osteoporosis, diabetes, lung disease, stroke, or cancer)
Visit friends	Whether or not respondent had visited family or friends in last month
Attend religious service	Whether or not respondent had attended religious service in last month
Other people in household	If there are more people in household beside respondent and spouse
Has daughter or son	Binary variables of whether respondent has son or daughter
Sense of community index	Sum of scores (1-3) of how well people know each other, people are willing to help in

²⁷ Income is the log of respondent's reported total income and imputed values of total income (Montaquila et al. 2012).

