A guide to the most important financial decision you’ll likely make

SOCIAL SECURITY CLAIMING GUIDE
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How old you are when you claim Social Security has a dramatic effect on the monthly benefits you and, if married, your spouse will get for the *rest of your lives.*
WHERE TO BEGIN

Your most important financial decision

The later you claim Social Security, the higher your monthly benefit.

As you approach retirement, how long you work and when you claim will usually have a far greater impact on how much income you’ll have in retirement than how much you save or how you invest.

DO YOU NEED A HIGHER RETIREMENT INCOME?

Working longer and retiring later could be the best way to get it.

The power of patience

You can start collecting at any age between 62 and 70.

<table>
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<tr>
<th>Age to Claim</th>
<th>Monthly Benefit</th>
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<tbody>
<tr>
<td>62</td>
<td>Your minimum</td>
</tr>
<tr>
<td>66</td>
<td>at least 1/3 more</td>
</tr>
<tr>
<td>70</td>
<td>at least 3/4 more</td>
</tr>
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</table>

If you'd get $1,000 a month at 62, you'd get at least $1,333 at 66 and $1,760 at 70.
How much income will you need in retirement?

There’s no simple answer. But to maintain your standard of living, you won’t need as much as you currently earn.

- **You will pay less tax.**
  - You won’t pay payroll tax on income from Social Security, savings, or employer pensions.
  - You won’t pay income tax on all your Social Security benefits.
- **You won’t need to save for retirement.**
- **The mortgage will probably be paid off (or will be soon).**
- **The kids will probably be out on their own (or will be soon).**

To maintain your standard of living, experts say you’ll need roughly 75% of your current income.

Some are willing to live on less

If work is difficult, you might want to retire early even if it means having a lower standard of living.

**But be careful:**
You’re talking about a lower standard of living for the rest of your life.

*You also need money in reserve for medical emergencies, unexpected home repairs, and other “rainy day” expenses.*

**WHERE TO BEGIN**

You also need money in reserve for medical emergencies, unexpected home repairs, and other “rainy day” expenses.

Explanations and citations are on page 24.
How much really secure income will you need?

Social Security is especially good for providing a basic retirement income that you and your spouse can rely on. The income it provides is inflation-proof and keeps coming as long as you or your spouse is alive.

YOUR CHANCES FOR A VERY LONG LIFE ARE EXCELLENT
Chances that one person in a married couple, both age 62, will live...

ISLATION-PROOF!
You get more dollars from Social Security if prices rise, so what you can buy stays the same.

WHERE TO BEGIN

Employer pensions and private annuities provide a guaranteed income for the rest of your life. But they are rarely inflation-proof. If prices rise 3% a year, in 20 years they’ll buy barely half what they do today.

401(k)s, Individual Retirement Accounts (IRAs), and other savings can be invested in stocks that could produce high returns, saved for rainy days, or passed on to your children. But high returns bring increased risk, and financial shocks are likely over the course of your retirement. On the other hand, cash in the bank is not inflation-proof.

Work is an important source of income for some retirees. But very few people work past 70. So relying too much on earnings could be a big mistake.

Social Security will likely be much more important as you age, as other sources of income often dry up.
The monthly benefit you earn as a worker is generally based on when you start to collect and the average of the highest 35 years of earnings on which you’ve paid Social Security payroll tax.

The later you claim, the more you get.

You get even more ...

... if working longer raises the average of the highest 35 years of earnings on which you’ve paid Social Security payroll tax.

For example, say you were 62 in 2005 and had 31 years of employment, at $40,000 a year.

If you retire and start to collect benefits at 62:

- The average of your highest 35 years of earnings is: $35,400
- Your monthly benefit, based on your average earnings and claiming age = $1,030

If you work four more years, at $40,000 a year, and retire at 66:

- The average of your highest 35 years of earnings is: $40,000
- Your monthly benefit, based on your average earnings and claiming age = $1,500

23% for claiming later +12% more for more earnings = 45% more overall

Percent of earnings replaced by monthly Social Security benefit

CLAIM AT 70 IN 2013 = 76% MORE
CLAIM AT 66 IN 2009 (THE FULL RETIREMENT AGE) = 33% MORE
CLAIM AT 62 IN 2005

As the Full Retirement Age rises to 67, benefits claimed at any age will replace a smaller share of earnings.

These examples do not reflect Social Security’s allowance for cost of living increases.

Because Social Security benefits rise in line with prices, all examples in this Guide ignore inflation.
More options if you’re married

Special rules that raise the benefits of the lower-earning spouse—most often the wife—generally make claiming later an attractive option for married men.

The spousal benefit
If both husband and wife have claimed benefits, each is guaranteed half what the other would get at the Full Retirement Age (which used to be 65, is now 66, and will be 67).

- Spousal benefits are reduced up to 35% if claimed before the recipient’s Full Retirement Age.

The survivor benefit
Widow(er)s can keep their own benefit or, if they chose, instead claim a survivor benefit equal to their spouse’s monthly benefit.

- Survivor benefits are available as early as age 60, or age 50 if disabled, but are reduced up to 28.5% if claimed before the recipient’s Full Retirement Age.
- Survivor benefits almost always go to widows, as most survivors are women (wives are generally younger than their husbands and live longer) and most wives have lower monthly benefits (they generally earn less and start to collect at younger ages).

Ex-spouses are entitled to these benefits if the marriage lasted 10 years.

Widows’ benefits are critical
One in four widows over 65 is poor or near-poor.

Husbands can get more for their wives

Most wives will outlive their husband, by about 7 years on average, and most widows get their husband’s higher monthly benefit in place of their own.

A husband can increase the monthly benefit his wife gets as his survivor more than 20% if he claims Social Security at 66, not 62, and 60% if he claims at 70.

Claiming later could be the most effective way a husband can improve his wife’s long-term financial security.
You can continue to work after you claim

However, Social Security is designed to replace your earnings when you no longer work. So if you start to collect benefits and continue to work before you reach your Full Retirement Age, some of your benefits might be withheld.

**Before** the Full Retirement Age, Social Security withholds ...

<table>
<thead>
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<th>$1 for every</th>
<th>you earn above (in 2009)</th>
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<tr>
<td>$2</td>
<td>$14,160/yr.</td>
</tr>
<tr>
<td>$3</td>
<td>$3,140/mo.</td>
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In calendar years before you reach the Full Retirement Age

In the calendar year in which you reach the Full Retirement Age

**Benefits withheld aren’t lost**

They’re rolled forward to increase your Social Security monthly benefits *after* you reach the Full Retirement Age.

For example, say you start to collect benefits at 62, continue to work, and only retire for good at 63. If you earn so much that half your monthly benefits are withheld, at the Full Retirement Age your monthly benefit is raised to what it would be had you started to collect at 62 and a half.

Benefits are withheld to increase your monthly benefits down the road.
You don’t have to claim when you retire

Retiring and claiming are two different things. So if you have enough savings when you retire, you have two options.

**OPTION 1**
- Start collecting right away. That’s what most people do.

**OPTION 2**
- Delay and, while you wait, use a portion of your savings to live on. This option will draw down your savings more quickly, but increase the inflation-proof Social Security benefit you’ll get each month for the rest of your life.

You don’t have to claim when you retire

**YOUR CHOICE**

Do you want a higher monthly benefit OR a bigger pile of retirement assets?

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**Should you delay or claim right away?**

**No one wants to draw down all their savings.** Savings are valuable as a reserve, can be invested in high-yielding assets, or left as an inheritance. But drawing an income out of your savings, over an extended period of time in retirement, can be tricky.

**So it could make sense to use some of your assets to live on and delay claiming Social Security:**
- Yes, if you need to assure you and your spouse a higher basic income for the rest of your lives.
- Yes, if you will still have enough savings for “rainy day” emergencies.

**The choice is whether to use your savings to buy stocks, bonds, CDs, real estate, some other investment, or, in effect, a higher monthly Social Security benefit.**
Monthly benefits are set so that lifetime benefits are much the same no matter when the average person starts to collect.

- If you’re in poor health and unlikely to live as long as the average person, you’ll probably get less, over your lifetime, the later you claim. (That’s because you probably won’t get the higher monthly benefit long enough to make up for starting later.)

- **But note:** many whose health is poor still outlive the “average person.”

No one really knows how long they will live. But if your health is OK, you’ll probably outlive the average person.

If you’re married and both in good health, the odds are even greater that you or your spouse outlives the average person.

The cost could be quite high if you lose the bet and live “too long.” If blessed with long life, you might barely scrape by in your 80s.

If you claim early, the odds of “losing big” could be much greater than the odds of “winning big.”

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*Only 1 in 7 couples lose 15% of lifetime benefits if the high earner starts at 66, not 62.*

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**Should you bet that your life will be short?**
Don’t start early because Social Security has money problems

Yes, Social Security has money problems. After benefit payments deplete the program’s Trust Fund, in about 2037, Social Security will only be able to pay about 78¢ on the dollar.

You won’t get more if you do

The most prominent proposals to cut benefits:

- Raise the Full Retirement Age. (So those affected would need to claim later, and collect for a shorter period of time, to get the same monthly benefit.)
- Freeze the purchasing power of monthly benefits at current levels. (So if wages continue to rise, Social Security would replace a smaller share of the earnings of those affected.)
- Cut the benefits of high earners, but protect the benefits of low earners.

None of these proposals give you more if you claim early. If you are affected, you’ll get less no matter when you claim.

Nearly all proposals to fix Social Security would also protect those age 55 and older.
Social Security is designed to provide a basic retirement income to workers and their dependents. To achieve this objective and treat all workers fairly, Social Security:

- Replaces a greater share of the earnings of low-wage workers, as they spend a greater share of their income on necessities and have less opportunity to save.
- Provides spousal and survivor benefits to dependent spouses who earn little or no pension on their own.
- Uses special rules to calculate benefits for workers with a pension from a job where they did not pay Social Security payroll tax.

Special rules for some government workers

The standard rules don’t work ...

... if you have a pension from a job where you did not pay Social Security payroll tax.

The standard rules determine if you are a low-wage worker based on the average of your highest 35 years of earnings on which you’ve paid Social Security payroll tax. But if you had a job where you did not pay payroll tax, that average is not a good indicator that you need a greater share of your earnings replaced.

So if you have a pension from that job, special rules (which are complicated!) more or less base your benefits on how many years you paid payroll tax and your earnings during those years.

The standard rules determine if you are a dependent spouse based on the Social Security benefits you’ve earned. But if you have a pension from a job where you did not pay payroll tax, your Social Security benefits alone clearly can’t show that you earned little or no pension on your own.

So the special rules deduct from your spousal and survivor benefits ⅔ of any pension income you’ve earned from a government job where you did not pay payroll tax.

To see how these rules affect you, go to the Social Security benefit estimator at www.socialsecurity.gov/estimator.
Next steps

You can claim Social Security at any age between 62 and 70.

- Social Security is your safety net if at 62 you’re in poor health or can’t find a job.
- But if you can work, you have critically important options. You might want to quit and relax. But it’s important to think long term. What’s at stake is nothing less than the financial well-being of you and your spouse for the rest of your lives.

What you can do now

Estimate how much retirement income you and your spouse will need and how much of that income needs to be secure.

Target when you would like to retire, considering the effect on your retirement income and how difficult (or easy) it would be to work longer. Social Security’s estimator should be a big help: [www.socialsecurity.gov/estimator](http://www.socialsecurity.gov/estimator).

Now make a plan that allows you to work to that age. It could mean learning new skills, taking on a new role at work, and seeing that your employer, or perhaps a new employer, has plans that allow you to stay on that long.

The key to any retirement plan is setting a target retirement age, and having a plan that allows you to work to that age.
Your Social Security benefits are not subject to federal income tax if your “combined income” (adjusted gross income + non-taxable interest + ½ your annual benefits) is less than $25,000 ($32,000 if married and filing jointly); 85% is taxed if your “combined income” is at least $34,000 ($44,000 if married and filing jointly); and 50% is taxed if your “combined income” is between these two amounts.


When calculating average Social Security earnings, earnings prior to age 60 are updated to account for national average wage growth. For further details, see Social Security Administration, Your Retirement Benefits, SSA Publication No. 05-10070.

The Social Security Full Retirement Age depends on when you were born:

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<tbody>
<tr>
<td>Full Retirement Age</td>
<td>66</td>
<td>66 + 2 mos.</td>
<td>66 + 4 mos.</td>
<td>66 + 6 mos.</td>
<td>66 + 8 mos.</td>
<td>66 + 10 mos.</td>
<td>67</td>
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The spousal benefit top-up (the difference between your own earned benefit at your Full Retirement Age and half your spouse’s benefit at his or her Full Retirement Age) is reduced 30% if you claim at 62 and your Full Retirement Age is 66, and 35% if your Full Retirement Age is 67. For more on the spousal benefit, see Social Security Administration, Retirement Benefits, SSA Publication No. 05-10035.

Widow(er)s are guaranteed at least 71.5% of their deceased spouse’s Full Retirement Age benefit if they claim the survivor benefit before their Full Retirement Age, and at least 82.5% if they claim the survivor benefit after their Full Retirement Age. For more on survivor benefits, including survivor benefits for dependent children, see Social Security Administration, Survivors Benefits, SSA Publication No. 05-10084.

Benefits paid to an ex-spouse do not reduce your benefits, nor the benefits of a subsequent spouse.


The amounts you can earn before Social Security benefits are withheld are updated each year to account for national average wage growth. Also see Social Security Administration, How Work Affects Your Benefits, SSA Publication No. 05-10069.

One-earner households with average mortality patterns.

For a guide to the most prominent proposals for fixing Social Security’s long-term financing problem, see The Social Security Fix-It Book, Center for Retirement Research at Boston College, revised 2009 edition.

Social Security Administration, Windfall Elimination Provision, SSA Publication No. 05-10045.

Social Security Administration, Government Pension Offset, SSA Publication No. 05-10007.
If you wait you can raise your monthly benefit more than 75%