Recent surveys show sharp decline in retirement wealth for typical household

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MarketWatch Blog by Alicia H. Munnell



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Decline reflects surprising drop in 401(k) balances for typical household

In preparation for a recent presentation, I asked for data to document the increasing dependence on 401(k)s as opposed to traditional defined benefit plans. One of the figures included total retirement wealth for households in the middle of the wealth distribution for five different cohorts.

I was stunned to see that retirement wealth, measured in 2016 dollars, had declined. That is, the wealth holdings for the Late Boomers were actually lower than the wealth holdings for the Mid Boomers at the same age (see Figure 1).

Retirement wealth, which comes from *the Health and Retirement Study* (HRS), includes: 1) Social Security; 2) employer-sponsored retirement plans (including defined benefit plans); 3) non-defined-contribution financial wealth; and 4) housing wealth. Ages 51-56 were chosen because that is when the respondents in each new cohort enter the HRS, allowing the study

to examine the most recent cohort in the HRS, the Late Boomers (born 1960-1964).



Figure 1. Average Retirement Wealth at Ages 51-56 for Middle-Quintile Households, by Type of Wealth and Cohort, 2016 Dollars

Even though the HRS is the gold standard for wealth and income data, the decline was so unexpected that I asked my colleague, **Anqi Chen**, to look at data from the Federal Reserve's 2016 *Survey of Consumer Finances*. While the only data readily available were holdings in defined contribution plans, the pattern was similar to that found in the HRS (see Figure 2). The wealth holdings of the Late Boomers were below those of both the Mid and Early Boomers.

Note: Age ranges for cohorts that appear in the figure labels are as of 2016. *Source:* Author's calculations from University of Michigan, *Health and Retirement* Study (1992-2016).

Figure 2. Average Defined Contribution Wealth at Ages 51-56 for Middle-Quintile Households, by Cohort, 2016 Dollars



Note: Age ranges for cohorts that appear in the figure labels are as of 2016. *Source:* Author's calculations from U.S. Board of Governors of the Federal Reserve System, *Survey of Consumer Finances* (1992-2016).

This pattern of decline is distressing. It suggests that fewer households in the middle of the wealth distribution have 401(k) assets. Given the decline in Social Security replacement rates, an increasing number of households will be falling short.