State initiatives will restore IRAs to their original mission.

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MarketWatch Blog by Alicia H. Munnell



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Currently IRAs don't increase retirement saving; balances are rollovers from employer plans.

Individual Retirement Accounts (IRAs) were introduced in 1974 under the Employee Retirement Income Security Act. The goal was to enable those without pension coverage in employer-sponsored plans to save in a tax-deferred fashion. IRAs now hold almost half of total private retirement assets, but they do little to increase national saving. Most of the growth in IRA assets is driven by rollovers from employer-sponsored retirement plans. In 2014, contributions represented just 13 percent of new money flowing into IRAs (see Figure).

\$600

Contributions

Rollovers

\$200

\$1996 1999 2002 2005 2008 2011 2014

Figure. Sources of IRA Inflows, in Billions of Dollars, 1996-2014

Source: Internal Revenue Service, Statistics of Income (2016).

Moreover, more than half of those contributing to an IRA are also contributing to a 401(k) plan. As you can see in the Table, contributors fall into three major groups. The first group, "dual-income super-savers," consists of married individuals largely in two-earner, higher-earning households that are often contributing to a 401(k). The second group, "frugal breadwinners," consists of middle-income, one-earner households – either single individuals or one-earner married couples – that also tend to contribute to a 401(k). The third group, "successful entrepreneurs," consists of higher-income, self-employed individuals who are not currently contributing to a 401(k) plan. Taking these three groups combined, less than half of the 14 percent of households contributing to an IRA are using IRAs as their major savings vehicle.

Table. Distribution of IRA Contributors by Type of Contributor, for Individuals Ages 25-70, 2011

	Dual-income super-savers	Frugal breadwinners	Successful entrepreneurs
Demographic			
White	86%	84%	92%
College or more	67%	54%	64%
Average age	46	47	51
Marital Status			
Single	0%	61%	3%
Married one-earner	16%	39%	97%
Married two-earner	84%	0%	0%
Employment and Financial			
Currently participates in a 401(k)	64%	55%	3%
Self-employed	4%	2%	100%
Average household earnings	\$149,149	\$59,527	\$140,152
Percentage of contributors	47%	42%	11%

Source: Authors' calculations from U.S. Census Bureau, Survey of Income and Program Participation (2008 panel).

The bottom line is that today's IRAs are primarily a receptacle for rollovers from employer plans, and among those contributing, the majority are also currently contributing to an employer plan. It is time to turn IRAs back into an active savings vehicle by auto-enrolling those without an employer plan into these accounts, with the ability to opt out. Ideally, such an auto-IRA policy would be a federal government initiative. But, absent federal action, a number of states have stepped into the breach. Despite Congress throwing sand in the wheels of the state efforts, Oregon and Illinois are proceeding ahead. These efforts will turn IRAs back into the vehicles they were designed to be.