What does the inflation spike say about the Social Security COLA?

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MarketWatch Blog by Alicia H. Munnell



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In theory, the size of the COLA shouldn't matter if purchasing power is maintained

For some reason that I do not fully understand, Social Security beneficiaries love to get a cost-of-living adjustment (COLA). Mind you, I do view automatic indexing of benefits as a wonderful feature of our Social Security program. Without such adjustments, retirees would see their standard of living erode as they age, unless the government regularly increased benefit amounts.

But the idea behind these COLAs is to maintain the existing purchasing power of current benefit levels. That is, the adjustment is to compensate retirees for the higher prices they had to pay in the previous year. The bigger the price increase, the larger the COLA. No price increase, no COLA. The announcements of "no COLA" in 2010, 2011 and 2016 (see Figure 1), however, were met with a huge outcry. (A separate issue, not addressed here, is whether the price index used for determining the Social Security COLA – the CPI-W – is the best index for capturing the inflation faced by retirees.)



Figure 1. Social Security Cost-of-Living Adjustment, 1980-2021

For COLA fans, the increase in the CPI in April to 261.2 (4.6 percent yearover-year) is definitely good news. While we don't know whether this jump is a short-term spike as we emerge from the pandemic or an indication of more permanent inflationary pressures, it will most likely lead to higher Social Security benefits in 2022. The question is how much higher.

Since the COLA first affects benefits paid after January 1 of next year, Social Security needs to have figures available before the end of 2021. As a result, the adjustment for 2022 is based on the increase in the CPI for the third quarter of 2021 over the third quarter of 2020. We know the 2020 number (see Figure 2), but we need data through September to calculate the third quarter average for 2021.

Note: Asterisk indicates no COLA for 2010, 2011, and 2016. Source: U.S. Social Security Administration website. "Cost of Living Adjustment (COLA) Information for 2021. Available at: https://www.ssa.gov/cola/



Figure 2. Consumer Price Index (CPI-W), July 2013-April 2021



The only option is to make some assumptions. Table 1 shows what the COLA would be if we saw no further price increases (0 percent) over the next five months, and if we saw prices increase at an annual rate of 2 percent or 4 percent during this period. This exercise suggests that the COLA will be more than 3 percent and less than 5 percent. We'll know more in the coming months.

	Assumption	Level of CPI-W	COLA
3rd Quarter 2020	Actual	253.4	
3rd Quarter 2021	0.0%	261.2	3.1%
3rd Quarter 2021	2.0	263.0	3.8
3rd Quarter 2021	4.0	264.7	4.5

Table 1. Estimates of the Social Security COLA in January 2022 under Various Assumptions

Source: Center for Retirement Research at Boston College estimates.

A COLA, however, does not raise the value of *real* benefits; it is simply an attempt to prevent the erosion of purchasing power. So, in theory, beneficiaries should be equally happy with no inflation and no COLA as with 4-percent inflation and a 4-percent COLA. But that just doesn't seem to be the case!